

# Walnut Parent Sessions with Karen Silcox, PhD

**“Positive Guidance”  
September 18, 2018  
8:00am, PTA Room at WSES**

## Future Sessions

October 16: Raising Grateful Children

December 4: Helping my child deal with Anxiety and stress

January 22: Building Healthy Relationships

April 23: Developing a well-rounded child in a tech-filled world

